



Elk River

# LUTHERAN

Elk River Lutheran Church - ELCA

September 2015

Trusting in God's grace,  
An accepting, joyful community,  
Calling and growing followers of Jesus  
Who live in the Spirit,  
serving God and neighbor.

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## Contact Information



**Office** ..... (763) 633-1181  
[info@elkriverlutheran.org](mailto:info@elkriverlutheran.org)

**Interim Pastor Michelene Verlautz**  
(612) 810-5923  
[mkverlautz@yahoo.com](mailto:mkverlautz@yahoo.com)

**Children, Youth & Family**  
**Laura Babneau** ..... (763) 232-4274  
[Laura.babneau@gmail.com](mailto:Laura.babneau@gmail.com)

**Director of Music Ministry**  
**Taylor Quinn** ..... (816) 519-2719  
[directorofmusicministry09@gmail.com](mailto:directorofmusicministry09@gmail.com)

**Office Manager**  
**Loren Green** ..... (763) 633-1181  
[loren.green@elkriverlutheran.org](mailto:loren.green@elkriverlutheran.org)

**Bookkeeper**  
**Patti Howard** ..... (763) 438-0069  
[Bkkpr.erc@hotmail.com](mailto:Bkkpr.erc@hotmail.com)

## Pastor's Message

***For everything there is a season, and a time for every matter under heaven.***  
**~ Ecclesiastes 3.1**

The days are becoming shorter, the nights are cooler and geese are taking flight. It is hard to believe summer is almost over and our thoughts move towards fall; reaping what we have sown, football games, all the back to school activities, etc. I am excited to be part of this year's Fall Kick Off, which begins on September 13. Rally Sunday will be a fun day for everyone with uplifting worship and music, food, a bouncy house, and our ministry fair including an obstacle course. For more details regarding Rally Sunday as well as Sunday School and Confirmation check out Laura Babneau's article inside the Newsletter.

During September, worship will be focused on Experiencing God in the Ordinary. The theme doesn't suggest excitement in any shape or form. Ordinarieness is not exhilarating; it does not imply stimulation or interest. Surely ordinary is something to be shunned in favor of things that are special, newer, bigger and better? The difficulty with this, however, is that while occasionally we can indulge in special, exciting, bigger and better events, a large part of our life is ordinary, it doesn't really matter how glamorous your life is, you need to do the ordinary things like traveling to work or school, brushing your teeth, cleaning your home, we live in long periods of ordinarieness. The sermon series hopes to be intentional about savoring the ordinarieness of life and experience God in the ordinary.

Beginning on Tuesday, September 15 at 9:30 a.m.-11 a.m. in the Conference Room I will be hosting weekly **Coffee and Faith Talk**. During this time we will explore God's Word and it's impact on our lives and world. Come and check it out.

Again, thanks for your support and enjoy the last days of summer  
Pastor Michelene

## President's Message

***Living in dependence on Me is a glorious adventure. When you depend on Me continually, your whole perspective changes. You see miracles happening all around, while others see only natural occurrences and "coincidence." You begin each day with joyful expectation, watching to see what I will do.***

This is from *Jesus Calling* and I believe it is very appropriate for this time of year. In my view of the joyful expectation I feel the excitement of getting back into the routine of fall: you can feel it when you enter the church. It's a comfortable feeling - Sunday school, school, schedules, and structure - all the things that are normal. While there is security in normal, do look for some NEW things that will be happening here at Elk River Lutheran Church. We completed our first Fall Umbrella workshop, which planned out the rest of our year from September to December. Already small group signup has begun, look for a scrapbooking day, friendship day and more new "normal" to come.

God's strength and peace be with you as we continue our walk with Christ.

Kim Huger  
ERLC Council President



## Ministry Fair

September 13

There's place for you to grow in faith and live to serve at Elk River Lutheran Church.



Please attend the Ministry Fair on Sunday, September 13, and discover how you can connect with others through Christ.

Visit ministry leaders at their information tables to learn about:

- \* Fellowship Ministry
- \* Caring Faith/Outreach Ministries
- \* Worship & Music Ministries
- \* Children, Youth & Family Ministries
- \* Facilities
- \* Hospitality
- \* New Members Outreach
- \* Adult Faith
- \* Finance Team



We will have a class on

**September 27 from 11:30-2:00 p.m.**

for all those who wish to find out more about the church and possibly join in membership.

(A light lunch is provided.)

New Members will be received on October 4<sup>th</sup> at both worship services.

If you are considering becoming a member, this one-session class is for you! Let us know if you plan to attend by calling the church office at (763) 633-1181 or emailing Loren at [loren.green@elkriverlutheran.org](mailto:loren.green@elkriverlutheran.org)

## CYF and CAER are teaming up for Fall

We are teaming up with CAER to help needy families in our area. We are collecting school supplies and backpacks. You will find a list of school supplies taped on the Sunday School Wall of Giving in the Café. If you are a family in need and would like to receive some of the supplies for your family, please contact Laura Babneau at [laura.babneau@gmail.com](mailto:laura.babneau@gmail.com) or 763-232-4274.



Welcome to another great year of Sunday school. We will be starting classroom instruction on Sunday, September 20. We are still looking for a few more teachers to team-teach this year. Please contact Laura Babneau at [laura.babneau@gmail.com](mailto:laura.babneau@gmail.com) or 763-232-4274.

**Our 2015 – 2016 Sunday school teacher training will be held on Wednesday, September 16, meeting at 6:30 p.m.** We will briefly go over the Sunday school curriculum at that time. We respect and appreciate our volunteers and will make this an enjoyable and grace filled experience. **Sunday School begins September 20. There will be a meeting following second service for all 9th graders and their parents that are planning on being confirmed on October 25.**

**Confirmation will be starting on Wednesday, September 23,** with a parent and student meeting for the 7th and 8th graders. If you still need to register for confirmation, you will find a registration form in the September newsletter, on the web site, and also at the church office. All students and parents will meet at 6 p.m. for dinner, prayer and scripture at 6:30 p.m. and meeting to start at 6:45 p.m. We will plan on meeting up stairs in the Sunday School area. We will be covering this year's confirmation outcomes and expectations. The following Wednesday will be the first lesson of confirmation on September 30.

**ERLC high school program will kick off with a pizza party planning session on Wednesday, September 9, at 6:30 p.m.** We will meet in the community room. Please join me for dinner and bring ideas for our Youth group and what you would like to do or accomplish this year! Youth 9th through 12th grade are invited.

**We have planned a confirmation retreat for all 9th graders on October 9 and October 10 at Villa Maria Center.** We will be leaving ERLC at 6:00 p.m. on Friday, October 9, and returning between 4:30 p.m. and 5:00 p.m. on Saturday. The cost of the retreat is \$45 per student and scholarships are available.

"No one is perfect – that's why pencils have erasers."  
~ Wolfgang Riebe

Be yourself...your whole self, you are not here to be perfect, God made you to be you! He understands we need erasers too!

Are you finding out that all of a sudden your children are acting up or are getting upset easier than normal or are experiencing a change in their sleeping pattern? This can be a normal preparation for them starting or returning to school. This can be a very stressful time for families in general and our children sometimes feel more stress than we realize.

Stress can affect any one who feels overwhelmed. We can see it in the separation anxiety of a preschooler or in Kindergarten for example. Anxiety and stress affects many children of all ages, from birth, adolescence and into adulthood. Stress can present itself in older children as physical effects including stomachaches and headaches while others may become withdrawn or spend a lot of time alone. Also, be aware of complicating factors, such as illness, death of a loved one or divorce.

Great ways to help our children is to try and talk to them about their feelings. If they are having difficulty sharing their feelings, try telling them about your stress and how you handle it. Using role-play is an excellent way for them to act out their feelings and can help them solve their problems. Another way of dealing with stress besides talking is physical activity. It is a great mood enhancer and may help to relieve some of the stress they are feeling. God has you as you walk on this journey with your kids and family.

Grace and Peace,

Laura Babneau  
Children, Youth and Family Director  
Elk River Lutheran Church

# Confirmation

## Elk River Lutheran Church ELCA Gr. 7-8 Registration Form 2015-2016

### HOUSEHOLD INFORMATION

Parent(s) Name: \_\_\_\_\_  
Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
E-Mail \_\_\_\_\_

#### Emergency information/contact:

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Relationship to child: \_\_\_\_\_

#### People authorized to pick up this child (other than parents):

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

If you are not a member of ERLC, would you like to be contacted? \_\_\_\_\_

*I grant permission for my child to be photographed and to participate in off-site activities.*

### CHILD(REN) INFORMATION

**(If necessary, add more children on the back of this sheet)**

1. Child's First & Last Name \_\_\_\_\_  
DOB: \_\_\_\_\_ Male or Female \_\_\_\_\_ Grade \_\_\_\_\_  
Allergies \_\_\_\_\_

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2. Child's First & Last Name \_\_\_\_\_  
DOB: \_\_\_\_\_ Male or Female \_\_\_\_\_ Grade \_\_\_\_\_  
Allergies \_\_\_\_\_

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3. Child's First & Last Name \_\_\_\_\_  
DOB: \_\_\_\_\_ Male or Female \_\_\_\_\_ Grade \_\_\_\_\_  
Allergies \_\_\_\_\_

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### VOLUNTEER OPPORTUNITIES

*I would be willing to help with the following:*

Small group leader _____	Children's ministry planning _____
Large group opening _____	Youth ministry planning _____
Substitute Teacher _____	Registration/Record keeping _____

Please contact Elk River Lutheran Church at  
763-633-1181 or [info@elkriverlutheran.org](mailto:info@elkriverlutheran.org) if you have questions.



**Elk River Lutheran Church ELCA  
Sunday School 2015-2016  
Pre-Gr. 6 Registration Form**

**HOUSEHOLD INFORMATION**

Parent(s) Name: \_\_\_\_\_  
Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
E-Mail \_\_\_\_\_

**Emergency information/contact:**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Relationship to child: \_\_\_\_\_

**People authorized to pick up this child (other than parents):**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

**If you are not a member of ERLC, would you like to be contacted?** \_\_\_\_\_

*I grant permission for my child to be photographed and to participate in off-site activities.*

**CHILD(REN) INFORMATION**

**(If necessary, add more children on the back of this sheet)**

1. Child's First & Last Name \_\_\_\_\_  
DOB: \_\_\_\_\_ Male or Female \_\_\_\_\_ Grade \_\_\_\_\_  
Allergies \_\_\_\_\_

\*\*\*\*\*

2. Child's First & Last Name \_\_\_\_\_  
DOB: \_\_\_\_\_ Male or Female \_\_\_\_\_ Grade \_\_\_\_\_  
Allergies \_\_\_\_\_

\*\*\*\*\*

3. Child's First & Last Name \_\_\_\_\_  
DOB: \_\_\_\_\_ Male or Female \_\_\_\_\_ Grade \_\_\_\_\_  
Allergies \_\_\_\_\_

\*\*\*\*\*

**VOLUNTEER OPPORTUNITIES**

*I would be willing to help with the following:*

Teach/Co-Teach \_\_\_\_\_ Children's ministry planning \_\_\_\_\_  
Large group opening \_\_\_\_\_ Youth ministry planning \_\_\_\_\_  
Substitute Teacher \_\_\_\_\_ Registration/Record keeping \_\_\_\_\_

*Please contact Elk River Lutheran Church at  
763-633-1181 or [info@elkriverlutheran.org](mailto:info@elkriverlutheran.org) if you have questions.*

## Hospitality

Beginning in September, Pam Black will be taking over setting up our Sunday Morning Rotation Schedule. She took the names of the persons already participating and has added several new ones. Thank you, Pam, for doing this. Nothing has really changed for the people involved. It's the same routine as before. Members of Hospitality will continue to be coordinators and we would surely like to add a few people to that list. You would not need to become a member of our committee to do this. Very clear instructions are on a sheet in the Cafe'.

Please consider this.

Mark your calendars for  
November 22 which will be our annual  
"Pie Sunday".



Our next meeting will be September 14 at 5:30 p.m.



**Thank you!**

ERLC donated 126 pounds of food to CAER Food Shelf. Donors like you make it possible for CAER to grow and expand programming in the efforts to fight hunger. Your gift is deeply appreciated.

## Volunteer Project

By now, many of you should have received an email with the chart of worship volunteer scheduling for September and October. It also includes HOSPITALITY.

You didn't get an email service reminder? Well, that means one of two things! Your turn is still coming in November OR I did not have your name on a volunteer list! And that's my error, not yours, but please help me out.

Don't despair! There are plenty of opportunities in the coming weeks and months. If you think I might not have your name or you didn't get a chance to refresh my memory in August on a lime green or hot pink notecard, then contact me! I'd love to add you to the various teams. There's plenty of room!

Let me know the service time you prefer and with what you would like to assist.

If you are on the list and head south for our winter months, please let me know when you are going and your approximate return so I can keep you off the rotation for those weeks/months.

Thank you all for your service and interest!

You are truly a BLESSING to our community, to ERLC, and to me.

Pam Black

763-4415255 or pammiepuddin@yahoo.com



**Interested in a good read?**

Our own ERLC book group is meeting on  
**Wednesday, September 23, at 1:30 p.m.**  
at the home of Jane Cazett in Elk River.

To entice you to try us out Jane is serving treats!

For September our group selection is *Go Set a Watchman* by Harper Lee: a riveting and current read.

Please contact Jane Cazett at (763) 241-7374 or Karen Sjobeck-Mahon at (763) 241-3970 for further information and consider joining us.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>8:15am - Traditional Worship</p> <p>10:30am - Praise Band Worship</p>	<p>7pm - Men's Bible Study @</p>	<p>7:30am - BNI @ Fellowship</p> <p>9:30am - Quilting Group @ Room</p> <p>1:30pm - Staff Meeting</p>	<p>7:30am - Opportunity Plus @</p> <p>6pm - ERLC Choir Begins</p> <p>6:30pm - ERLC Choir Rehearsal</p>	<p>12:30pm - Dares Luncheon @</p> <p>7:30pm - The Way Out (AA) @</p>		
<p>8:15am - Traditional Worship</p> <p>9:30am - Sunday School</p> <p>10:30am - Praise Band Worship</p> <p>11:30am - New Members</p>	<p>7pm - Men's Bible Study @</p>	<p>7:30am - BNI @ Fellowship</p> <p>9:30am - Bible Study @ Room</p> <p>9:30am - Quilting Group @ Room</p> <p>1:30pm - Staff Meeting</p>	<p>7:30am - Opportunity Plus @</p> <p>6pm - Confirmation Begins</p> <p>6:30pm - ERLC Choir Rehearsal</p> <p>6:30pm - High School Program</p>			
<p>8:15am - Traditional Worship</p> <p>9:30am - Sunday School</p> <p>10:30am - Praise Band Worship</p> <p>7pm - Fellowship Meeting @</p>	<p>7pm - Men's Bible Study @</p>	<p>7:30am - BNI @ Fellowship</p> <p>9:30am - Bible Study @ Room</p> <p>9:30am - Quilting Group @ Room</p> <p>1:30pm - Staff Meeting</p>	<p>7:30am - Opportunity Plus @</p> <p>1:30pm - ERLC Book Club</p> <p>6pm - CYF 7&amp;8 Parent Meeting</p> <p>6:30pm - ERLC Choir Rehearsal</p> <p>6:30pm - High School Program</p>	<p>7:30pm - The Way Out (AA) @</p>	<p>Boyd/Lundquist Rehearsal</p>	<p>Boyd/Lundquist Wedding</p>
<p>8:15am - Traditional Worship</p> <p>9:30am - Sunday School</p> <p>10:30am - Praise Band Worship</p> <p>7pm - Men's Bible Study @</p>	<p>7pm - Men's Bible Study @</p>	<p>7:30am - BNI @ Fellowship</p> <p>9:30am - Bible Study @ Room</p> <p>9:30am - Quilting Group @ Room</p> <p>1:30pm - Staff Meeting</p>	<p>7:30am - Opportunity Plus @</p> <p>6pm - Worship Committee @</p> <p>6:30pm - ERLC Choir Rehearsal</p> <p>6:30pm - High School Program</p>	<p>7:30pm - The Way Out (AA) @</p>		<p>11am - Harvey Baptism</p>
<p>8:15am - Traditional Worship</p> <p>9:30am - Sunday School</p> <p>10:30am - Praise Band Worship</p> <p>7pm - Men's Bible Study @</p>	<p>7pm - Men's Bible Study @</p>	<p>7:30am - BNI @ Fellowship</p> <p>9:30am - Bible Study @ Room</p> <p>9:30am - Quilting Group @ Room</p> <p>1:30pm - Staff Meeting</p>	<p>7:30am - Opportunity Plus @</p> <p>6pm - Confirmation Begins</p> <p>6:30pm - ERLC Choir Rehearsal</p> <p>6:30pm - High School Program</p>			