

# April 19, 2026

## *The Distracted Life*

### 8:30 and 10:30 Worship Services



# PAY ATTENTION

Turning from digital distractions and a loud world toward faith, connection, and real life.

## **WELCOME** **to Elk River Lutheran Church**

Welcome to Elk River Lutheran Church! Whether you are joining us in-person or online, we're glad you're here. Elk River Lutheran Church is a forward-thinking congregation made up of people of all ages. We are a pretty new church (formed in 2009), located in a remodeled bank building on the Mississippi River in downtown Elk River. Our mission is: *Trusting in God's grace, an accepting, joyful community, serving God and neighbor.*

We are a congregation of the Evangelical Lutheran Church in America (ELCA) and celebrate the work we're able to do together as a denomination (to learn more about the ELCA visit [www.elca.org](http://www.elca.org)). We welcome all people and as a Reconciling in Christ (RIC) congregation that welcome extends to the LGBTQ+ community.

Please fill out the enclosed Connection Form slip and drop it in an offering plate to receive more information about Elk River Lutheran or share prayer concerns.

## **Things to know** **for the service:**

- **Bathrooms**, complete with changing tables for little ones, are located in the Fellowship Hall in the corner opposite of the main entrance.
- We welcome **kids** with their wiggles and noises in worship. We are also aware that as a parent, time away from wiggles and noises can be a blessing too. You will find our staffed nursery (For children 5 and under) by the entrance in the far corner of the fellowship hall.
- **Assisted Listening Devices** are available. Please contact the Media Booth

We hope and pray you have a wonderful worship experience here today. To learn more about the many opportunities to participate and volunteer with the ministries of ERLC, visit our website:

<https://www.elkriverlutheran.org>



## 8:30AM ORDER OF WORSHIP

### ***The Gathering of God's People***

Welcome

Gathering Hymn

***ELW #756 "Eternal Father, Strong to Save" v1-4***

Confession and Forgiveness

Song of Praise p 159

***"This is the Feast"***

### ***The Word of God Proclaimed***

Prayer of the Day

Kids Connect

Scripture Readings

Luke 10: 38-42

Sermon

*Pastor Nathan Mugaas*

Hymn of the Day

***ELW 719 "Where Cross the Crowded Ways of Life" v1-6***

### ***Sharing & Receiving the Gifts of God***

Apostles Creed

Bidding Prayers

Sharing of the Peace

Offering

Offertory Prayer

Great Thanksgiving

Holy, Holy, Holy p 162

***"Holy, Holy, Holy Lord"***

Words of Institution

The Lord's Prayer

Lamb of God p 164

***"Lamb of God"***

Communion Hymns

***ELW #793 "Be Thou My Vision"***

***ELW #773 "Precious Lord, Take My Hand"***

Communion Blessing & Prayer

### ***The Sending of God's People***

Community Announcements

Temple Talk

*Social Justice Action Team*

Sending Blessing

Sending Hymn

***ELW #774 "What a Fellowship, What a Joy Divine" v1-3***

Sending Dialog

## 10:30AM ORDER OF WORSHIP

### ***The Gathering of God's People***

Welcome

Temple Talk

Sharing of the Peace

Gathering Song

*Social Justice Action Team*

***"I Will Call Upon the Lord"***

### ***The Word of God Proclaimed***

Prayer of the Day

Kids Connect

Scripture Readings

Sermon

Song of the Day

Luke 10: 38-42

*Pastor Nathan Mugaas*

***"Speak, O God"***

### ***Sharing & Receiving the Gifts of God***

Offering

Offertory Prayer

Confession and Forgiveness

Holy Communion

The Lord's Prayer

Communion Song

Communion Blessing

***"Holy Spirit, Living Breath of God"***

### ***The Sending of God's People***

Community Announcements

Sending Blessing

Sending Song

Sending Dialog

***"You Are My Vision"***

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## Worship Volunteers

Roles	8:30am		10:30am	
	April 19	April 26	April 19	April 26
Greeters	Ziner, Dale Boese, Christy	Krumwiede, Sandy Krumwiede, Bob	Pelzel, Keaton Pelzel, Jess	Nelson, Val Nelson, Dan
Ushers	Campbell, John Campbell, Debbie	Jackson, Marianne Jackson, Jerry	Nelson, Dan Bossany, Lisa	Wingard, Tom Wingard, LuAnn
Scripture Reader	Barthel, John	Rose, Paula	Chur, Sarah	Day, Mandy
Communion Servers	Shellum, Ed Shellum, Deb	Natwick, John Natwick, Conni	Dahlheimer, Jodie Carlson, Sarah Bock, Rick	Christianson, Milo Christianson, Kari
Communion Steward	Olson, Cedric	Campbell, Debbie	Pelzel, Ann	Tiemens-Anderson, Samantha
Mid-Week Communion Fill	Bock, Nancy	Olson, Marlys Olson, Cedric		
Powerpoint Operator	Barthel, Mary	Ziner, Dale	Parks, Julie	Anderson, Mike
Soundboard Operator	Jenkins, Kevin	Johnson, Bennett	Evert, Brad	Jenkins, Kevin
Switcher Operator	Clements, Tom	Clements, Tom	Clements, Tom	Clements, Tom
Volunteer Coordinator	Simpson, Vicki Pruchnik, Jenny	Pruchnik, Jenny	Hansen, Chris	Hansen, Chris

*If you would like to serve, Great! Please get in touch with the Worship Volunteer Coordinating Team so we can get you filled in. If you cannot volunteer for the upcoming Sunday, also contact the Team at [erlcvolunteers@gmail.com](mailto:erlcvolunteers@gmail.com)*

## News & Opportunities



### *CYF Night - Call to Care for God's Creation*

**Wednesday, April 22 • 6:00–7:45pm**

Join us for a special CYF Night with guest speaker Heidi Ferris from Growing Green Hearts as we connect faith, water, and care for the mighty Mississippi River right outside our church windows. Community meal at 6:00pm followed by speaker and hands-on activities for all ages.



### *Varty's Greenhouse Fundraiser: May 3rd 5-8pm*

**Fundraiser for the 2026 Youth Mission Trip to Jamaica**

We 'll gather at the greenhouse, and sing our hearts out while purchasing beautiful plants! A huge THANK YOU to Varty's for hosting us and making a generous donation to ERLC youth as they prepare for the summer mission trip.



### *ERLC Block Party - Sunday May 17*

**Joint Outdoor Worship Service at 9:30am followed by**

**Block Party from 11am-1pm**

Once again we will kick off the season by worshipping outdoors and throwing a party for our community. Food, Games, Live Music, Bounce House, Fire Show and Entertainment for All. Volunteer using the QR Code to access the Sign Up.





## *Luther Crest Summer Camp - Grades 3-8*

Registration is now open for Luther Crest Bible Camp!

Students finishing grades 3-5 (Leapers) and 6-8 (Witnesses) can attend either June 28-July 1 or July 19-24. Thanks to our Endowment Team, **half the cost of camp is covered for ERLC youth.**

Registration: <https://luthercrest.org/summer-camps>



## *Summer Festival Camp - High School Youth*

**July 12-15 • Gustavus Adolphus College, St. Peter**

High school youth are invited to experience Summer Festival Camp—a powerful few days of worship, music, speakers, and faith-building community with youth from across the region.



## *Vacation Bible School - Save the Date!*

**August 3-6 • 9:00am-12:00pm**

Mark your calendars for Vacation Bible School at ERLC! Kids will enjoy a joyful week of faith, music, games, crafts, and learning about God's love together. More details and registration coming soon.

o ERLC's Social Justice Action Team (SJAT) meets monthly to discuss happenings in our greater Elk River community to find ways for ERLC to love God and love all our neighbors by advocating for the least of these. We focus on educating ourselves as well as the ERLC community, and helping to provide opportunities for involvement and support of local organizations. For more information or if you want to be a part of SJAT, contact Kevin Jenkins [FRMagnum@gmail.com](mailto:FRMagnum@gmail.com).

# Prayer Requests

## ***Praise the Lord (joys and answered prayers):***

- Baptism of Harrison Vu Lalum Parents: Nathan & Thi Lalum, Sponsors: William & Amy Lalum
- Jesus Christ is Risen!! Alleluia 🌸🦋
- Praise the Lord for the musicians, volunteers, staff and video participants that enriched the service today!
- New cancer treatment giving hopeful and encouraging results for Alex Hensen, Barb and Russ Overbye's niece.

## ***In Sympathy***

- Family and Friends of Lim, owner of Blue Egg Bakery

## ***For Support***

- Curt and Heidi Houghtaling
- Jeanine and family after the death of her husband Scott. (Godparents of Elliot and Emmet Pruchnik)

## ***Health Concerns***

- John MacIntyre needing kidney
- Lyle, recently diagnosed with terminal cancer
- Pat Miller, sister of Mary Hansen
- Sue Anderson fighting metastatic breast cancer, friend of Debby Pouliot
- Linda Nielsen, recovering from total ankle replacement; prayers for continued healing during this long recovery journey are appreciated. Thank you for all the prayers and support.

## ***Health Concerns cont.***

- Barb Brosko has received a new hip (3/26). Please pray for the success of the surgery and for a full and speedy recovery!
- Linda is suffering from breast cancer and had surgery on Tuesday, March 31st. FYI: Last name was not provided.
- Lori Hines has a knee replacement. Pray for a successful surgery. Friend of Tom and Joyce Hels.
- Orlyn Boeshans, recovering from a heart attack
- Sean Molskness is in the Navy during this contentious time. Pray to give him support.
- Wendy Stephens had surgery to repair a broken tibia on March 26
- For all those battling mental health issues
- Bryana Mayer concerns about autoimmune diseases, daughter of Sharyn Mayer
- Harvest Chapin as she deals with medical issues
- Jeff Davey received news of cancer progressing, asking for prayers of healing, friend of Tyler Carlson
- John MacIntyre needing kidney
- Lyle, recently diagnosed with terminal cancer
- Pat Miller, sister of Mary Hansen
- Sue Anderson fighting metastatic breast cancer, friend of Debby Pouliot
- Wanda, Deb Shellum's mom, broken hip at 94 years old.

## ***Share Your Prayer Concerns:***

- Email [linda@elkriverlutheran.org](mailto:linda@elkriverlutheran.org)
- Fill out on your connection form
- Contact the church office at (763) 595-1216
- Fill out form on church website at [elkriverlutheran.org](http://elkriverlutheran.org)

*Generally, prayer requests will run for 3 weeks. If more time is needed, please call the church office*

# The Most Important Thing

But the Lord said to her, "My dear Martha, you are worried and upset over all these details!" Luke 10:41 (NLT)

Based on Luke 10:38-42



O C E P R J E S U S M W N U K  
 B K H L R U V F H X I A O L P  
 E Q B O P E N I E T M S R R J  
 T M D Y S E P T L Q H I T Y K  
 T A W C K E V A P L M I I E W  
 E R B A K Z N Y R A A Z N W R  
 R T T Q G W W U H A H G G G K  
 Q H W A F F E E T N T G E H X  
 D A O S E J T H K E B I Q T X  
 G B R X L D W W S E O G O X I  
 B Z R I E M N P T D T Q T N D  
 B M I D K A U J Z E T N H H Y  
 C M E G M D V F X D P Z O S Z  
 U E D O F E Q U P S E T T A H  
 N M W L D I S C I P L E S L T

THING	HELP	CHOSEN	SISTER	WOMAN
BETTER	TAKEN	MADE	NEEDED	MARY
FEET	PREPARATION	DISCIPLES	JESUS	MARTHA
VILLAGE	WORRIED	NEEDED	UPSET	WORK